

# **Bullying**

#### Alert! Alert!

Because NICHCY's website will only remain online until September 30, 2014, most of its rich content has moved to a new home, the **Center for Parent Information and Resources** (CPIR), where it can be kept up to date.

The new address of Bullying at the CPIR is:

http://www.parentcenterhub.org/repository/bullying/

# Updated August 2012

Bullying is a serious problem with horrible consequences if left unchecked. The good news is that you can do lots to stop it. We hope that the resources listed below are useful to you in that effort. Also, have a look at the "Related Information" listed in the right sidebar.

### The lowdown on bullying.

What's bullying, and what do we do about it? This article from the National Mental Health Association tells the story, quick and to the point. http://tinyurl.com/yc94cnl

Bullies: More than sticks, stones, and name calling.

A quick read about the research in teasing and bullying behavior.

http://www.aboutourkids.org/articles/bullies\_more\_sticks\_stones\_name\_calling

#### A fact sheet for families.

From the American Academy of Child and Adolescent Psychiatry. http://www.aacap.org/cs/root/facts\_for\_families/bullying

#### What parents can do.

As a parent, would you recognize the signs that your child is being bullied? Or that your child was a bully? This article will help you do both and provides suggestions for what to do about each.

http://www.greatschools.org/LD/managing/what-parents-can-do-about-childhood-bullying.gs?content=825

#### Stop bullying now!

At this site you can learn all about bullying and what you can do to stop it. http://www.stopbullying.gov/

# Medline's resources on bullying.

Bullying defined, lots of resources for coping, including in Spanish. http://www.nlm.nih.gov/medlineplus/bullying.html

**Bullying Information Center.** 

Lots of info here, including the Quick Guide to Reducing Bullying and info in Spanish.

http://www.education.com/topic/school-bullying-teasing/

# Cyberbullying Research Center.

Yes, there *is* one, and it provides up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents.

http://www.cyberbullying.us/

# The research on bullying prevention.

What Current Research Is Available Regarding Bullying Prevention? is the title of this web resource page at the Regional Education Lab Northwest.

http://educationnorthwest.org/resource/1351

### Stop bullying now!

No, we're not repeating ourselves from above, that's the name of this site, too. It concentrates on presenting research-based strategies to reduce bullying in our schools.

http://www.stopbullyingnow.com/

### Kids Against Bullying.

A must-visit site for kids, from the PACER Center.

http://www.pacerkidsagainstbullying.org/

## Teens Against Bullying.

PACER also offers the *Teens Against Bullying* website. It's a relevant, edgy, and unique educational resource for bullying prevention designed to engage, empower and educate all teens.

http://www.pacerteensagainstbullying.org/

## And when youth with disabilities are bullied...

Consult this Issue Brief from NCSET (National Center for Secondary Education and Transition), called "Bullying and Teasing of Youth With Disabilities: Creating Positive School Environments for Effective Inclusion." <a href="https://www.ncset.org/publications/viewdesc.asp?id=1332">www.ncset.org/publications/viewdesc.asp?id=1332</a>

### Quick training aids for the prevention of bullying.

Planning on giving your staff training on bullying? Check out these talking points for conducting an inservice workshop. You'll find links to various research studies and papers on bullying. Get overviews, factsheets, tools, handouts, model programs, and additional resources. You'll also find overheads to use in your presentation. http://smhp.psych.ucla.edu/qf/bully\_qt

## **Bully proofing your school.**

Comprehensive resources from STRYVE, Striving to Reduce Youth Violence Everywhere .

http://www.safeyouth.gov/Pages/Home.aspx

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