THE DISABILITY RIGHTS CENTER OF THE VIRGIN ISLANDS

KNOWLEDGE IS POWER!

SPREADING AWARENESS OF ZIKA VIRUS

WWW.DRCVI.ORG
Overview

- Definition of Zika
- How do you get Zika?
- Symptoms of Zika
- Statistics
- Prevention
- Getting Tested
- Resources
WHAT IS ZIKA

Zika is a virus that is primarily spread by a mosquito that bites during the day and the night and it can be sexually transmitted.

Zika is particularly dangerous for pregnant women as it can result in miscarriage, stillbirths, and severe birth defects such as microcephaly.

SOURCE: CDC.GOV
HOW DO YOU GET IT?

Zika is primarily a mosquito-borne illness that can be spread in various ways:

- Infected blood - transfusion
- Sexual transmission - can last up to 188 days in semen and in women for up to 2 months
- In pregnancy - can be passed on to fetus from mother
- If one infected person is bit and the same mosquito bites someone else
SYMPTOMS

Symptoms include fever, red eyes, rash, headache and joint pain.

Can last several days to a week.

SEVERE SYMPTOMS

Those most at risk for severe symptoms include:

- Infants
- Older adults
- Pregnant Women
- Persons with underlying medical conditions
USVI STATISTICS

250+
Zika positive cases of pregnant women in the Territory

1,021
Zika positive cases in the USVI

*Based on VI Department of Health Data from 7/18/17
HOW TO PROTECT YOURSELF

There are multiple resources and steps you can take to prevent getting Zika:

- Use DEET mosquito sprays
- Use condoms or abstain from sex while pregnant
- Use mosquito nets over beds and cribs
- Wear long sleeve-shirts and long pants
- Stay in places with screens
LEARN MORE

There's only one way to find out if you're Zika positive and that's to get tested.

Ask your healthcare provider for more info or contact Department of Health.

**St. Croix**
Call Department of Health
(340) 712-6205

**St. Thomas and St. John**
Call Department of Health
(340) 774-7477 ext. 2065
Tested positive?

MAKE A PLAN WITH YOUR HEALTHCARE PROVIDER

EDUCATE YOURSELF:
WWW.CDC.GOV
WWW.DOH.VI.GOV
WWW.ZIKACARECONNECT.ORG

FIND AN ADVOCATE TO HELP:
WWW.DRCVI.ORG
WWW.FAMILYVOICES.ORG
WE ARE HERE FOR YOU

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CENTER OF THE VIRGIN ISLANDS
Advancing Justice through Protection and Advocacy

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